

FROM THE MAYOR



Greetings!

As Mayor of the beautiful City of Country Club Hills, I would like to take time to encourage all of our residents and community members, to take advantage of the various programs being hosted by the Country Club Hills Parks and Recreation Department throughout the 2019 year.

Come Out, Play and Learn and get FIT in the year of 2019, with an array of programming for all. Adults can

participate in programs ranging from Swimming, Aqua-Aerobics, Tennis, Adult Boxing and Conditioning. Our Senior Citizens are not to be forgotten as we provide a very active and engaging Older Americans Coalition (OAK) Program that hosts many exciting trips (festivals, theater and dining) and other activities to help keep you young and active. Teens and Children can also keep healthy this year with great programs such as ballet, basketball, baseball, hip hop dance, arts and crafts, tumbling and much more. In addition, check out our listing of upcoming community events plus open gym schedules and rates. All classes and programs will take place at the Country Club Hills Community Recreation Center (located at 4709 W. 179th Street) unless otherwise stated. For more information on specific dates and times, please take a moment and go through this exciting brochure or go to our website (www.countryclubhills.org/parks) or follow us on Facebook!

Come Out, Play and Learn at the Country Club Hills Parks and Recreation Department.

James W. Ford
City of Country Club Hills

Program Registration Begins
May 2019

Like us on at CountryClubHillsParks
Visit us online at: www.countryclubhills.org/parks
Text CCHParks and CCHCity to 90210

Registration deadlines will end 5 days prior to the start of a class or specific event, unless otherwise indicated.

For additional information:
Call the CRC at (708) 798-8497 or City Hall at (708) 798-2616

Programs from the Parks & Recreation Department
Provided by the Office of Mayor James W. Ford



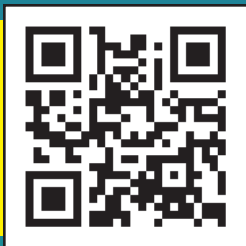
The Crossroads of Opportunity

City of Country Club Hills
4200 Main Street
Country Club Hills, IL 60478

Hours:
Mon.-Fri. 8:00 a.m. - 5:00 p.m.
Sat. & Sun. - Closed

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Use Our QR Code!
To Access Our Website



COUNTRY CLUB HILLS
PARKS & RECREATION

Summer/Fall 2019

Program Registration Begins
May 2019

Country Club Hills Community Recreation Center

4709 W. 179th Street, Country Club Hills, IL 60478
Phone: 708-798-8497 / Fax: 708-206-3241

Building Hours:

Monday-Friday6:00 A.M. – 9:00 P.M.
Saturday8:00 A.M. – 6:00 P.M.
SundayCLOSED

Members of the City Council

James W. Ford, Mayor
Patricia D. Hutson, City Clerk
Deborah McIlvain, City Treasurer

Ward 1Edward Gillespie
Ward 2Vincent E. Lockett
Ward 3Lisa Evans
Ward 4Ricardo Spivey
Ward 5Anthony Davis

Country Club Hills Park Board Members:

Apreal Williamson – President
Jennifer Braun-Denton – Vice President
Lilly Gibson
Deloris Hollins
Harry Evans

Recreational Services Staff:

Dwone Ross, Sr.Director of Parks and Recreation
Monique Thurman.....Program Coordinator
Bobby Hall.....Athletic Coordinator
Curtis Harris.....Parks and Recreation Staff
Joe Williams.....Parks and Recreation Staff
Jill Corney.....Parks and Recreation Staff
Adam BurgsParks and Recreation Staff
Amy Bozzo.....Parks and Recreation Staff

Country Club Hills Parks and Recreation Center Programming Information

The Parks and Recreation Center understands the needs of the community to have effective and efficient programming for you and your family to take advantage of. For that reason we have provided the following information to help assist in understanding Parks and Recreation Center Policies and Registration Procedures.

Registration deadlines for all programs will end five days prior to the start of a class or specific event, unless otherwise indicated. ****Proof of Residency is required for residents of Country Club Hills.****

Throughout the program we may reference the words MIN/MAX in the programs listing. "MIN" refers to the minimum number of participants necessary to run the program. "MAX" refers to the maximum number of participants that will be accommodated by the program.

As a participant in Parks and Recreation Center Programs, it is important to remember that in order to ensure that programs to succeed, the minimum number of participants must be attained. Programs can be canceled if minimum program requirements are not met.

All payments for the Parks and Recreation Center programs will be taken at City Hall between the hours of 8:00 am and 5:00 pm. City Hall is open Monday through Friday. When paying for registrations the following forms of payments will be accepted: Cash, checks, certified check, money order, Visa, Mastercard, Discover, and American Express. There is a \$50.00 fee charged for all NSF checks. All payments are due at the time of registration.

For your convenience, The City of Country Club Hills now offers E-Pay. E-Pay is a safe and secure electronic payment program that allows you to register for programs 24 hours a day, seven days a week without leaving your home. You will be required to contact the Recreation Center (708-798-8497) to obtain the required confirmation code. You will be able to go on line to select your program of choice and pay.

Refund Policy, All patrons of the Parks and Recreation Center that desire a refund, must meet the following criteria: (1) No refunds will be given after a program session has started. (2) No refunds will be given for athletic programs and fitness center without proper documentation from a medical physician. *Refunds may take up to 30 days for processing from the day the claim was submitted.

Keep our Parks Safe

Keeping the parks safe, clean and free of vandalism is a community effort. If you have any safety concerns about our park sites or find any broken equipment, please contact Country Club Hills Parks and Recreation at (708) 798-8497. If you are witness to any vandalism that has occurred in the parks, please contact Country Club Police Department at (708) 798-3191. As your Parks and Recreation Department we are committed to providing the community with a safe place for recreational activities. Thank you for your support in partnering with us to provide our residents of Country Club Hills with quality facilities and park sites.



Oak News January 2019 – June 2019

OAK membership for seniors 55 or older is \$12.00 a year for residents and \$24.00 a year for non-residents. You must be a member to participate in programs Non-Members and Non-Residents will pay more for trips when space is available.

2nd Monday Each Month - OAK Monthly Meeting 1:00 - 3:00 p.m. Speakers for these meetings will be announced through our calendar and monthly phone calls to OAK Members. We will celebrate our monthly Birthdays with light refreshments. Be sure to mark this date on your calendar.

3rd Monday of each Month - Wii Bowl 2:00 - 4:00 p.m. Come Bowl with us in the OAK Room on our Big Screen TV. It's a lot of fun and good exercise.

3rd Monday of Each Month - Dr. Sohel Majeed - Podiatrist will be at the OAK Center from 9:00 a.m. to 3:00 p.m. to give foot care. Seniors should bring their Medicare Card. This service is available to seniors 65 or older with Medicare. No HMO will be accepted. Please call 708-206-1039 to make an appointment.

4th Monday of Each Month - OAK Movie & Card Day - 12:30 - 4:00 p.m. in the OAK Room. Stay for cards afterwards. We have a popcorn machine to make "fresh" popcorn. Bring a friend for a fun afternoon.

Cards & Games - Tuesday's & Fridays 1:00 - 5:00 p.m.

Every Tuesday - Line Dance - \$ 5.00 per Class, City Hall Lower Level - Beginners - 9:30-10:30 a.m.; Low - 10:45-11:45 a.m.

Wednesday - Bid Whist - In the OAK Room 1:00 - 5:00 p.m. - No Cards on Trip Days

Thursdays - Craft Day - Crochet and "New" Sewing - 11:00 a.m. - 3:00 p.m. These are free class for OAK Members only, taught by OAK Members. No Class on Trip Days.

Trips are offered once a month using City Transportation in most cases. They are paid for by the Senior. Current OAK Members and City Residents get booked first. Non-OAK Members or Non-Residents will be booked, if there is space available, at an additional charge of \$5.00. Please come to the OAK Room in the Lower Level of City Hall to pick up a calendar and schedule of events.

We have planned trips for the following months; actual dates TBA, stop in for a calendar or call 708-206-1039 closer to the month for the actual dates and availability.

JUNE

No Monthly Meeting This Month - See you at the Health Fair - June 12, 2019

Wednesday, June 12, 2019 - Country Club Hills Senior Commission Annual Senior Health Fair – 12:00 - 2:00 p.m. Outside at the Theater Complex. Come see and hear about important health issues to Seniors from area agencies that provide services. Lunch will be served from 12:00 - 1:00 p.m.

JULY

Lunch & Play at Theater at the Center in Munster, Indiana - "Over the Tavern" - Date - TBA

Watch your City Water Bills for Future Events....

For Your Information

Program Registration Begins January 2019

Program Eligibility Participants must be within the age range stated in the program listings to help ensure safety and program continuity.

Interested in Teaching a Class? If you have a talents or special skill that is fun and exciting, we invite you to contact us for the opportunity to share it with the community. We are always looking for new and exciting program opportunities to offer. Please contact the CRC at (708) 798-8497.

Volunteers Needed The Country Club Hills Parks and Recreation Department is always seeking volunteers to help in our programming opportunities. Our youth sports programs specifically have always thrived on the support of willing volunteers giving their time as coaches and team parents. The use of volunteers helps keep the programs cost effective and promotes community involvement.

If you are over the age of 18 and wish to volunteer your services or now of someone else who seeks to

assist in the community, please contact the Community Recreation Center at (708) 798-8497 or stop by our office at 4709 W. 179th Street.

Text Alerts The City of Country Club Hills is now using a Text Alert Program to keep residents informed of upcoming events and activities in your community as well as notification of any emergencies in the city.

Please take a moment to register your cell phone by texting CCHCity or CCHParks to 90210 and Stay Alerted!

Our Apologies The Country Club Hills Parks and Recreation Department makes every effort to create our program guide and advertisement pieces as accurately as possible, however, mistakes can and sometimes happen. In the event a program is listed incorrectly, the City of Country Club Hills reserves the right to make adjustments to the programs, fees, schedules, etc. We apologize for any inconveniences errors of this type may cause.

CORNER CORNER CORNER

SUGGESTION SUGGESTION SUGGESTION

Greetings Parents and Community Members, The Country Club Hills Parks and Recreation Center would love your input. As stakeholders in the community, let your voice be heard.

- What type of programs would you like to see at the Recreation Center that adults, teens and children can participate in?
- Are you willing to volunteer your time your children's interest?

We would like to hear from you.

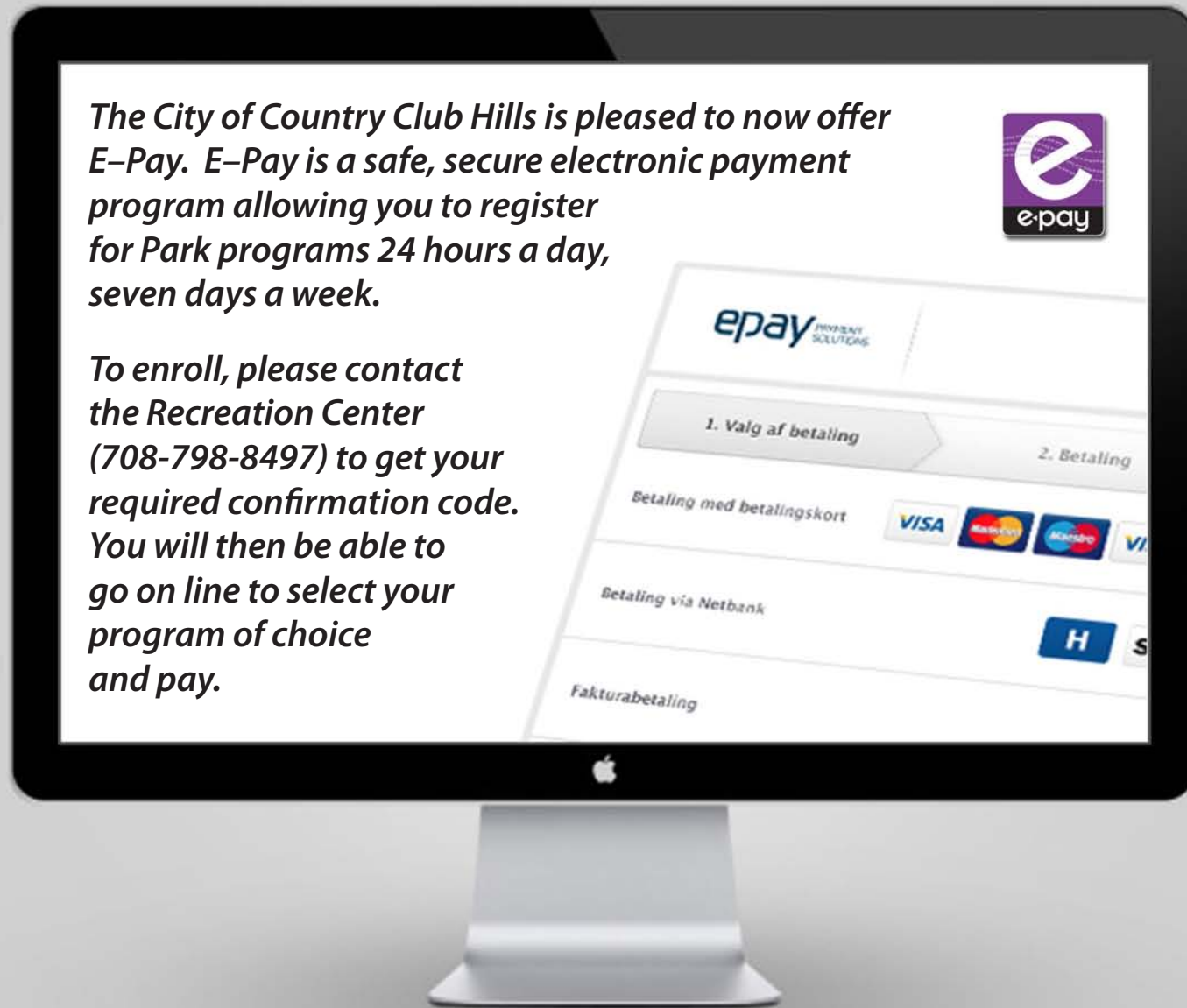
Please click the Contact Us link on the Country Club Hills Parks and Recreation Website at www.countryclubhills.org

Thanks in advance for your support.

- SAVE A CLASS -
REGISTER BY THE REGISTRATION DEADLINE



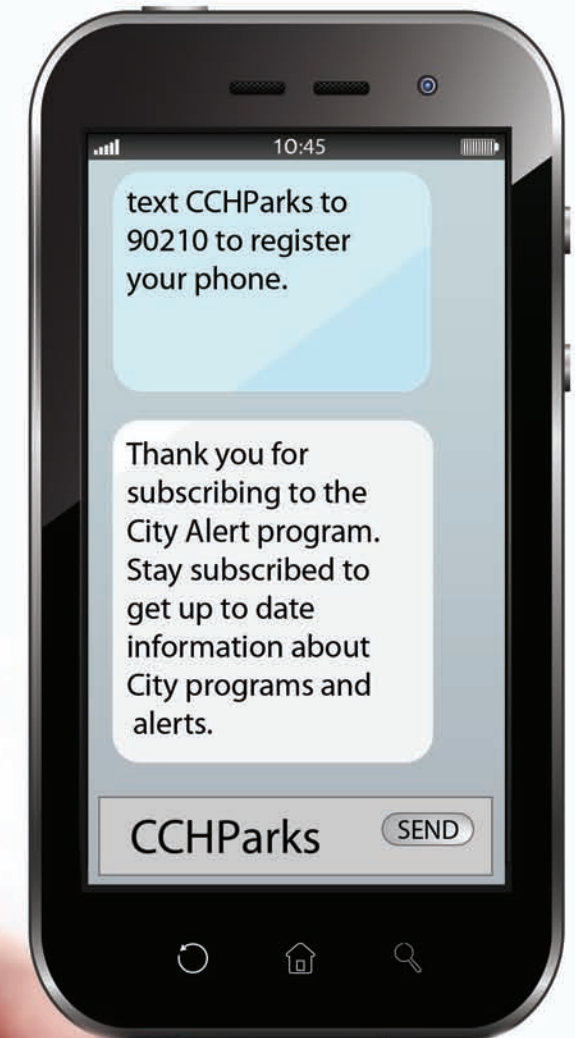
Mayor James W. Ford and the City Council want you to know that...



The City of Country Club Hills is pleased to now offer E-Pay. E-Pay is a safe, secure electronic payment program allowing you to register for Park programs 24 hours a day, seven days a week.

To enroll, please contact the Recreation Center (708-798-8497) to get your required confirmation code. You will then be able to go on line to select your program of choice and pay.

The City of Country Club Hills is now using a Text Alert program to keep residents informed. Please text **CCHParks** to 90210 to register your phone and receive important notifications.



Click the E-Pay icon to connect to the City of Country Club Hills E-Pay site. There you will be able to make payments for: Program & Class Registrations, Park Facility Rentals.



2019 SUMMER FUN CLUB

EARLY REGISTRATION FOR COUNTRY CLUB HILLS RESIDENTS ONLY!
APRIL 1st THROUGH APRIL 12th

Open Enrollment April 15th - 26th

SUMMER FUN CLUB PROGRAM

Summer Program: Two 4 Week Sessions (Ages: 1st grade - 6th grade)

First Session: June 10, 2019 - July 5, 2019 • **Second Session:** July 8, 2019 - August 2, 2019

SUMMER FUN CLUB 2019

Summer Club Hours: 9:00 A.M. until 2:30 P.M.

Resident: \$240.00 (Per Session) Non-Resident: \$280.00 (Per Session)

\$50 non-refundable deposit for Residents attending Session 1 Only. With Balance due May 1st.

Deposits not allowed for Session 2 registration.

A copy of completed student physical is required for all 1st and 5th grade students and is due at time of enrollment.

Applications will not be accepted without these documents.

Open Enrollment is from April 15th through April 26th or until all spaces are filled.

Enrollment and payments must be made at: Country Club Hills City Hall, 4200 West 183rd Street

City Hall Hours:

Monday – Friday: 8:00 A.M. until 5:00 P.M.

Saturday: CLOSED

Make Checks Payable to:

City Collector-City of Country Club Hills

Field Trips costs are not included in Summer Program Fee.

Trips are subject to change.

**Hurry!
 Limited Fun
 Club Spaces**

Before and After Care Available: (THIS SERVICE ONLY AVAILABLE TO FULLY PAID CAMPER'S FOR THEIR RESPECTIVE SESSIONS)

Resident: \$50 for Before or After Care, \$75 for Both
 Non-Resident: \$60 for Before or After Care, \$85 for Both

Before Care: 6:00 A.M. – 9:00 A.M.
 After Care: 2:30 P.M. – 6:00 P.M.



19910 80th Avenue, Tinley Park, IL 60487
 815-806-0384 (phone) | 815-806-0390 (fax)
 www.sssra.org



South Suburban Special Recreation Association (SSSRA) is a therapeutic recreation program that is an extension of the Country Club Hills Park District. SSSRA is organized to provide individuals with special needs or disabilities the opportunity to be involved in year round recreation programs.

SSSRA programs are for individuals from birth through adult who are in special education classes, sheltered workshops or whom have recreational needs not met by traditional park district programs.

Persons residing in SSSRA member agency communities are considered residents.

**Senior/Disabled
 Transportation Service
 708-798-6384**

SSSRA Offers Summer Day Camp

SSSRA Summer Day Camps are offered Monday through Friday, June 10 – August 2, from 9:00 am – 3:00 pm

SSSRA Summer Day Camps are organized and implemented to accommodate individuals based on their special needs. Camp activities include arts & crafts, games, music, swimming, field trips, and more! For more information, call the SSSRA office at 815-806-0384.

SSSRA Family Banquet

Everyone is invited to the SSSRA Family Banquet! All SSSRA participants and their families are welcome to enjoy an evening of fine dining and dancing. Dinner will be served at 6:30 pm. SSSRA participants will receive special recognition. All individuals must complete the SSSRA registration form and return it to the SSSRA office. Please indicate the number of guests on the registration form. Participants must be accompanied by an adult. This is not a staffed event.

All SSSRA Participants and Family
Tinley Park Holiday Inn Convention Center
18501 S. Harlem Avenue

Thursday, May 2nd – Time: 6:00 - 9:15 pm
 Fee: Cost per person \$15.00

The Country Club Hills Parks & Recreation Department welcomes participation in all programs and activities by individuals with disabilities and special needs. The Country Club Hills Parks & Recreation Department is committed to inclusion and providing public recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible. The Country Club Hills Parks & Recreation Department works cooperatively with the South Suburban Special Recreation Association (SSSRA) to facilitate successful participation for participants who register for inclusive programming.

If you have a special need or request for reasonable accommodation in accordance with the Americans With Disabilities Act, and to assist Park staff in addressing such need or request, we strongly urge you to contact the Parks & Recreation Department in advance and in a timely manner, or indicate what these needs are on the application forms in this brochure. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration. When feasible and appropriate, the Parks & Recreation Department asks that requests for reasonable accommodation be made at least two weeks in advance of any activity or program.

Parks, Locations and Amenities

PARK NAME	PARK LOCATION	PLAYGROUND	SHELTER	TENNIS COURT	BASKETBALL COURT	BASEBALL FIELD	**PORTABLE BATHROOMS	NO. PICNIC TABLES
Water Tower Park	169th & Glen Oaks Drive	*	*			*		4
Community Park	175th & Maple Avenue	*	*			*	*	8
Independence Park	3800 W. 175th Place	*	*	*	*			6
Max Atkins Park	179th & Maple Avenue	*	*	*		*	*	4
Wulf Park	187th & Baker Avenue	*	*			*		
Cypress Park	194th & Cypress	*	*			*	*	6
Marycrest Park	184th & Marycrest Drive	*	*	*		*		8
Marylakes Park	191st & Marycrest Drive	*	*		*	*		4
Sunset Park	179th & Vista	*	*				*	8
Meadowview Park	179th & Cicero	*						
Premier Estates Park	186th & Willow	*	*					2
Kiwanis Park	180th & Patrick Avenue		*					2

****PORTABLE BATHROOMS AVAILABLE DURING SUMMER MONTHS ONLY**

Park Rules for Your Safety and Protection

1. In order to assure the safety of guests in playground, picnic and Athletic areas, the City of Country Club Hills Parks and Recreation Department **STRICTLY PROHIBITS GLASS** in our parks or facilities at any time.
2. Dogs must be on a leash and owners must clean up after them.
3. Driving or Parking of any motorized vehicles, including motorcycles **IS PROHIBITED** in any grass area or athletic field at any time.
4. All parks **CLOSE AT DUSK**.
5. No weapons of any type are permitted in any of our parks facilities at any time except by the police. These include knives, sling shots, BB guns or guns in a case.
6. No Littering or Profane Language permitted in the parks or facilities at any time.

Broken Equipment

The City of Country Club Hills Parks and Recreation Department asks that you immediately report any broken equipment in our parks and other facilities by contacting the Community Recreation Center at (708) 798-8497. Doing your part to report these issues helps us to better support you and keep our parks and facilities operational and safe at all times.

Parking in Our Parks

Parking or driving on the grass is **NEVER PERMITTED** at any of our parks or facilities. Violators can and will be ticketed for failure to adhere to these guidelines.

Park Rentals

Parks are available to rent to **RESIDENTS ONLY** with photo ID and proof of residency.

Cost of rentals is \$125 for the day (10:00 a.m. – dusk).

A certificate of Insurance Liability Waiver must be obtained by an Insurance

Company for groups of 20 or more. Please contact the Parks and Recreation Department for details. Parks do not have electricity. Residents choosing to bring a generator, must provide proof of insurance before the generator is allowed.

Extra Portable Toilets will be available for an extra fee. Please contact Parks and Recreation for details. (708-798-8497)

Park Rental does not include the use of an Athletic Field or Tennis Court as part of the Rental. With use of these facilities, your rental may require a separate permit and fee.

Further details regarding Park Rentals are available on the Park Facility Usage Request Form or by calling the Community Recreation Center at (708) 798-8497.

First Day of Registration for 2019 Park Permits is Monday, April 1, 2019.



Picnic in the Park

Saturday, June 8, 2019

The City of Country Club Hills will be hosting a Picnic in the Park. On Saturday, June 8, 2019 get the family, pack the cooler, grab the lawn chairs, and come on out to Community Park on 175th and fire up your grill. This will be a day of fun and relaxation and an opportunity for the community to come together, for one big COMMUNITY BARBECUE. Families are encouraged to bring their bicycles and ride along the trail. Come out for a day of fun and fellowship with your neighbors and friends.

Fun activities for the kids and music for your enjoyment will be provided.

Hope to see you there!!!

No Alcoholic Beverages Allowed. This is a Family Friendly Event.

**Community Park
175th & Maple Ave.
10:00am - 4:00pm**

**Rain Date
June 22, 2019**

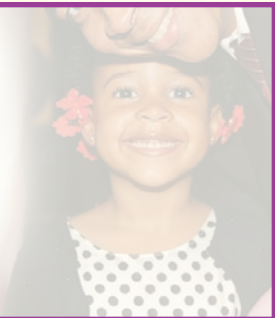
COMING ATTRACTIONS

EVENT DATE:	EVENT:	TIME:	SITE:	CONTACT PERSON:
Monday, May 27, 2019	Memorial Day	11:00 am - 1:00 pm	City Hall	J. Wade 708-798-2616 ext. 2062
Saturday, June 8, 2019	Picnic in the Park	10:00 am - 4:00 pm	Community Park	M. Thurman 708-798-8497
Saturday, June 15, 2019	Father/Daughter Night	5:30 pm - 8:30 pm	Parks & Recreation Center	M. Thurman 708-798-8497
Thursday, July 4, 2019	Fireworks	dusk - 9:00 pm	Community Park	M. Thurman 708-798-8497
Saturday, July 6, 2019	Mary E. Smith Foundation Walk	8:00 am - 12:00 noon	Community Park	M. Thurman 708-798-8497
Saturday, August 17, 2019	Back to School Parade	10:00 am SHARP	183rd Street between Cicero and Pulaski	J. Wade 708-798-2616 ext. 2062
Saturday, August 17, 2019	Mother & Daughter Night	5:30 pm - 8:30 pm	Parks & Recreation Center	M. Thurman 708-798-8497
Saturday, September 21, 2019	Multicultural Festival	12:00 noon - 5:00 pm	Theater Campus	J. Wade 708-798-2616 ext. 2062
Saturday, October 12, 2019	Boys Lock In	7 pm - 8 am	Parks & Recreation Center	M. Thurman 708-798-8497
Saturday, October 26, 2019	Halloween Trick or Trunk/Dance	5 pm - 8 pm	Parks & Recreation Center	M. Thurman 708-798-8497
Saturday, November 9, 2019	Girls Lock In	7 pm - 8 am	Parks & Recreation Center	M. Thurman 708-798-8497
Friday, December 6, 2019	Santa's Holiday Crafting Workshop	10 am - 1 pm	Parks & Recreation Center	M. Thurman - 708-798-8497
Sunday, December 15, 2019	Holiday Trolley Event	3 pm - 8 pm	Parks & Recreation Center	M. Thurman - 708-798-8497

Father/Daughter Night Saturday, June 15, 2019

5:30 P.M. until 8:30 P.M. | Community Recreation Center | **Fee: \$5.00**
No Age Requirement

Country Club Hills Parks and Recreation Center will be hosting a Father and Daughter Night. Dad's grab your daughter's and come join us. Enjoy a night of fun, hanging with your favorite girl.
PRE - REGISTRATION IS REQUIRED. Deadline for registration is June 1, 2019.



9th Annual

mary e smith foundation

BRAIN TUMOR AWARENESS 5K FUN RUN/WALK

Mary E Smith Foundation is celebrating 10 years!!
Come out and join us for our Annual Mary E. Smith Brain Tumor Awareness 5k Fun Run/Walk

Where: Community Park 175th Maple Avenue
When: Saturday July 6, 2019
Time: 8:00 am -12:00 pm

To register visit: www.maryesmithfoundation.org.
For more information please call 708-342-0800.
The cost is \$25 pre-registration, after June \$30 and \$35 onsite.
It includes a t-shirt guaranteed for pre-registered walkers/runners.
Event features health screenings and health & local business vendors, face painting with kids activities, music and fun for the whole family.
Come out and celebrate with us!

Mother & Daughter Night

Saturday, August 17, 2019

5:30 P.M. until 8:30 P.M.
Community Recreation Center
Fee: \$5.00

Come join us for a night of fun. Mommies and daughters can come in and enjoy an evening of pampering, games, refreshments and bonding!
Girl's just want to have fun!!!! See you there.

PRE - REGISTRATION IS REQUIRED
Deadline for registration is August 3, 2019.
Participants must register at www.countryclubhills.org/parks or at Country Club Hills City Hall.

2019 Country Club Hills

CARNIVAL

The carnival is coming!!!

Dates:
August 15, 2019 - August 18, 2019

More information to come!!

Country Club Hills Parks and Recreation presents:

Trick or Trunk Halloween/Halloween Dance Event Saturday, October 26, 2019

5:00 p.m. - 8:00 p.m.
Parks and Recreation Center
FREE EVENT

Registration Ends on Saturday, October 12, 2019

For more information on any of these events, please contact Monique Thurman at 708-798-8497 or mthurman@countryclubhills.org



MEMORIAL DAY

Monday, May 27, 2019

11:00 A.M. - 1:00 P.M.

Country Club Hills City Hall

For more information on any of these events, please contact Joann Wade at 708-798-2616 ext. 2062 or jwade@countryclubhills.org



Guest speaker, patriotic music, refreshments and more!

Boys Lock In

Saturday, October 12, 2019

7:00 P.M. until 8:00 A.M.

Community Recreation Center

Fee: \$5.00

Age Group: 9 yrs to 14 yrs.

Country Club Hills Parks and Recreation Center will be hosting the boys ultimate sleep over. Bring your son in to enjoy a night of fun, games, food, and music in a safe environment. All you need to bring is your sleeping bag. We'll do the rest. Dinner will be served and a light breakfast will be provided in the morning. **PRE - REGISTRATION IS REQUIRED.** Deadline for registration is September 28, 2019.



Girls Lock In

Saturday, November 9, 2019

7:00 P.M. until 8:00 A.M.

Community Recreation Center

Fee: \$5.00

Age Group: 9 yrs to 14 yrs.

Country Club Hills Parks and Recreation Center will be hosting the girls ultimate sleep over. Bring your daughter in to enjoy a night of fun, games, food, and music in a safe environment. All you need to bring is your sleeping bag. We'll do the rest. Dinner will be served and a light breakfast will be provided in the morning. **PRE - REGISTRATION IS REQUIRED.** Deadline for registration is due October 26, 2019.

Send a Letter to Santa

November 16, 2019 - December 12, 2019

Your child may bring a letter to Santa's mailbox to the Parks and Recreation Center so that boys and girls can get their wishes to him on fast and just in time for Christmas.

Parents: Be sure to include with child's full name, age and address. Your child will then receive a letter from Santa with a little something special.



Letter will be received at the CRC located at: 4709 W. 170th Street Country Club Hills, IL 60478

Deadline: 5:00 pm Thursday, December 12, 2019

Santa's Holiday Crafting Workshop

Happy Holidays!!!

Bring the kids in to have some fun while sipping hot chocolate, eating holiday cookies, taking in a holiday movie, and while they enjoying making a variety of age-appropriate crafts for gifts or decorations.

When: Saturday, December 7, 2019

Where: Parks and Recreation Center

Time: 10:00 a.m. - 1:00 p.m.

FREE EVENT

PRE - REGISTRATION IS REQUIRED

Please call CRC to register 708-798-8497. Registration ends on November 29, 2019

Back to School Parade

Hosted by the Youth Commission

Saturday, August 17, 2019

(Rain Date: August 24, 2019)

10:00 A.M. SHARP

Place: 183rd Street between Cicero and Pulaski

Marching bands, tumblers, dances Youth Day celebration following at the theater Campus.

For more information on any of these events, please contact Joann Wade at 708-798-2616 ext. 2062 or jwade@countryclubhills.org

5th Annual Multicultural Festival

Hosted by the Multicultural Festival

Saturday, September 21, 2019

12:00 Noon - 5:00 P.M.

Country Club Hills Theater Campus

Enjoy the sights, sounds and flavor of our Multicultural Heritage bring your family and celebrate the diversity in our community.

For more information on any of these events, please contact Joann Wade at 708-798-2616 ext. 2062 or jwade@countryclubhills.org



PRE - REGISTRATION IS REQUIRED.

4th Annual Holiday Trolley Event

When: Sunday, December 15, 2019

Where: Parks and Recreation Center

Time: 1:00 pm - 9:00 pm

Registration Deadline: 5:00 pm - Thurs., Nov. 30, 2019 or until seating capacity has been reached.

Early registration is encouraged.

Price: \$30.00 per person

Please contact CRC for details: 708-798-8497

See following page for additional information.



Mayor James W. Ford and the City Council present



FREE EVENT

Trick or Trunk Halloween & Halloween Dance Event



**Saturday, October 26, 2019
5:00 p.m. – 8:00 p.m.**



**Community Recreation Center
4709 W. 179th St.
Country Club Hills, IL 60478**



Contact CRC (708)798-8497 for more information and to register to participate in the Trick or Trunk event. Parents will be allowed to pull up, park in the CRC parking lot and distribute candy from the trunk of their car.

A fun, safe, controlled atmosphere for all participants will be provided. Don't forget your lawn chairs and treats!

Parents, you are encouraged to dress up and decorate your cars to help get into the spirit of the event. There will be prizes for the best dressed costume for boy and girl, best dressed costume for mom and dad, and best decorated car!! Come join us for a great time!!



Registration to distribute candy for this event is mandatory. Parents please register by Saturday, October 12, 2019. Due to Allergies, PRODUCTS MADE WITH PEANUTS ARE PROHIBITED.



The Country Club Hills Christmas Collaboration

Heart-N-Hands Project

is a team of city and school district members; City of Country Club Hills Mayor James W. Ford, City Council, elected officials, employees and residents partnering with Country Club Hills School District #160 Superintendent-Dr. Goodsell, Board of Education, staff and parents through combined efforts to assist Country Club Hills families identified as in need through the school district.

Through generous donations from our combined teams we were able to provide food baskets during the holiday season. The food basket donation fed families breakfast, lunch and dinner including fresh fruits and vegetables for 2 days. Our local Walmart kindly donated deserts for our families as well. This allowed us to make a difference in the lives of children and families during the holiday season here in Country Club Hills.

Thank you to all of our family sponsors, shoppers, packagers and distributors.

We're Going on a Holiday Trolley Ride!!

Sunday, December 15, 2019
Event Start Time: 3:00 pm

Cost: \$30.00 per person
Space is limited Register Now!!!

CCH Parks and Recreation Center (Pick up location)
4709 W. 179th St., Country Club Hills IL 60478
(Free parking)

Join us for a fun filled holiday event/excursion provided by the Chicago Trolley Co. On December 15, 2019 the Parks and Recreation Center staff and guests will be whisked away to downtown Chicago to enjoy the festive holiday attractions on the Magnificent Mile, and visit the animals and take in the spectacular light exhibits at the Lincoln Park Zoo "Zoolights" Festival.

Registration Deadline: 5:00 pm - Thursday, November 30, 2019
or until seating capacity has been reached.
Early registration is encouraged.
Please contact CRC for details: 708-798-8497.

Amenities include:
• Hot Chocolate • Sweet Treats • Goodie Bags • Caroling •

Itinerary:

- Ride in to downtown on festive holiday lighted trolley
- Enjoy festivities and attractions
- View store windows on the Magnificent Mile
- Tour/view the festive view of Michigan Ave
- Hop on/Hop off Trolley at Lincoln Park Zoo for "Zoolights" Festival
- Board trolleys to head back to CRC
- Arrival at CRC and farewell







POLICE COUNTRY CLUB HILLS

Mission statement:

To inspire an understanding and appreciation of the criminal justice system, and the professional ethics applied to law enforcement.

About us:

Operating in conjunction with the Boy Scouts of America, the Police Explorer program is open to young men and women ages 13 through 20 that have a valid interest in a career in law enforcement. The program offers a plethora of training and life experiences which include community service projects, coordinating annual city events.

The Explorer Experience

The goal of this experience is to build positive character traits, such as; confidence, enhancing life skills, communication, and appearance, and career readiness.

All those interested come out to the Country Club Hills Police Department and fill out an application.

Process:

A probationary period of 1 year shall be required a prospect and upon successful completion, the applicant prospect shall be appointed Explorer. During this probationary period, the prospect shall be tested and evaluated on performance, loyalty, attitude and attendance in and out of the post. Each Explorer must participate in recruit training classes held at specific dates and times. Each Explorer must put in at least 8 hours of work time plus meeting per month. A certificate of completion will be given to those who successfully complete the program.



Requirements:

To become a CCHPD EXPLORER you must meet the following criteria:

- * Between the ages of 13 -20 years
- * Good moral habits
- * No serious arrests or convictions
- * Maintain C average, and remain in good standing in school and at home.
- * Must pay yearly dues of \$25.00 to the Boy Scouts of America Explorer Post #668.

Training /Events

This innovation program focuses on the evolution and the true essence of law enforcement. Candidates will learn basic/ advanced police strategies while partaking in various mock training sessions. The Explorers will engage in team and morale building activities, as well as experiencing field trips that will be influenced by professionals in the law enforcement field., thus preparing them for success.

Country Club Hills
Police Explorer Program

3700 W. 175th Place
Country Club Hills, IL 60478
Phone: 708-798-3191
Fax: 708-798-1211

www.countryclubhills.org

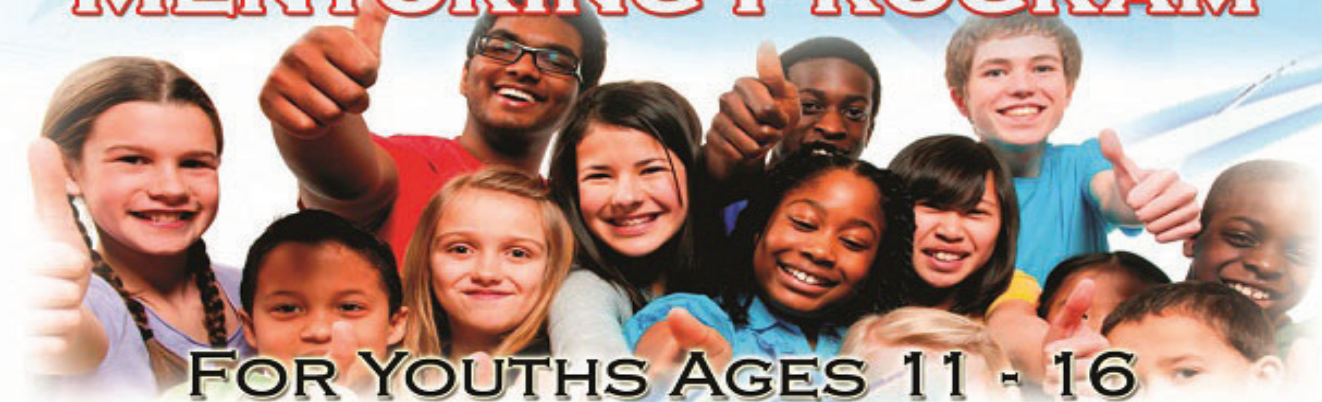


COUNTRY CLUB HILLS MENTORING PROGRAM - PTW



PRESENTS

A FREE MENTORING PROGRAM



FOR YOUTHS AGES 11 - 16

THIS PROGRAM OFFERS SESSIONS ON TEEN ISSUES, ANGER MANAGEMENT, SELF-ESTEEM, TUTORING FOR HIGH SCHOOL & COLLEGE ACT/SAT PREPARATION, HELPS YOUTHS DEAL WITH CONTROLLING BEHAVIORS, VIOLENCE IN THE CLASSROOM & IN THE COMMUNITY

EVERY SATURDAY MORNING
10:00 AM - 12:30 PM
SOUTHWOOD MIDDLE SCHOOL
MODULAR #3
187TH & LEE AVE.

THE MODULAR'S ARE LOCATED ON THE EASTSIDE OF THE SCHOOL OFF THE PARKING LOT.

For more info please contact City Hall 708-798-2616



Girl Scouts® Where Girls Grow Strong™

The Girl Scouts of Country Club Hills are Looking for Volunteers to start new Girl Scout Troops. If you are interested please contact KaSandra at 773 343 1845 and leave a message with your contact information.

Registration is \$25 per girl and per parent.

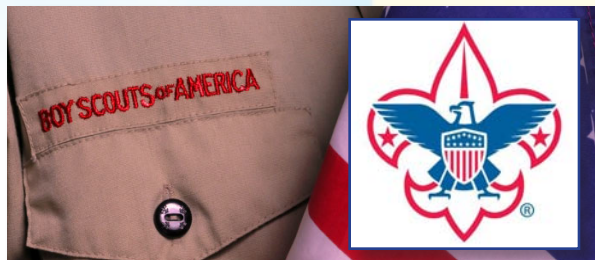
<https://www.girlscoutsgcnwi.org/>

Registration and Questions can be answered at the Homewood Office Location
1005 175th Street, Homewood, IL 60430, 708-947-8100

Summer Dance Combo Clinic (4 weeks)

When: June 8, 2019 - June 29, 2019
Day(s): Saturday
Time: Saturday 10:00 A.M. – 11:00 A.M.
Location: Community Recreation Center
Ages: 7-13 years old
Fee: Resident: \$40.00 Non-Resident: \$50.00
Instructor:
Class Size: Minimum: 6 Maximum: 12

Highlights: Come join us for a fabulous dance combo class that will be comprised of various genres of dance and music. This class is designed to educate and teach the fundamentals of the various dance cultures.



BOY SCOUTS OF AMERICA

Since 1930, the Boy Scouts of America has helped young boys through the Scouting program grow as young men into the strong leaders of tomorrow.

Scouting is a year-round, family-centered, character and personal development program for all boys in the 1st through 5th grades (Cub Scouts) & 6th through 12th Grade (Boy Scouts) as designed and supported by the Boy Scouts of America. **Visit beascout.org & Scouting.org for more information**

Cub Scout Pack & Boy Scout Troop 386: Meets Tuesdays at 7pm United Christian Church of Country Club Hills, 4351 180th St, Country Club Hills (Next to Sykuta).

Cub Scouts: Lewis Jones: 708.491.9970, email: 386cubmaster@gmail.com
Boy Scouts: Tim Shelton: 630.267.2688, email: tshelton38@comcast.net

“Movin and Groovin” Hip Hop Dance (8 weeks)

When: July 6, 2019 - August 24, 2019
August 31, 2019 - October 19, 2019
October 26, 2019 - December 14, 2019
Day(s): Saturday
Time: Saturday 12:00 P.M. – 2:00 P.M.
Location: Community Recreation Center
Ages: 7-13 years old
Fee: Resident: \$30.00 Non-Resident: \$40.00
Instructor:
Class Size: Minimum: 6 Maximum: 16

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Prepares all dancers to dance for any hip hop competition dance teams in and outside of the Chicago land area. Theatrical Hip Hop enables students to learn the movement of hip hop with some elements of musical theater. This class will also focus on how to teach dancers how to prepare for all dance auditions! Any dancer who wants to pursue dance as a career will benefit from taking this class, as the instructor focuses on lines, foot placement, musicality/rhythm and memory! Let's have some fun “Moving” and “Grooving” while we get prepared for a dynamic Hip Hop performance at the end of the Spring Session.

Girls with Voices

Mentoring Program (I Am Woman) (8 weeks)

When: Session 1: May 11, 2019 - June 29, 2019
Session 2: July 6, 2019 - August 24, 2019
Session 3: August 31, 2019 - October 19, 2019
Session 4: October 26, 2019 - December 14, 2019

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Day(s): Saturday
Time: 12pm – 1pm
Location: Community Recreation Center
Ages: Grade levels 4th - 8th grade

Fee: Free *PRE-REGISTRATION REQUIRED*
Instructor: Shelia Junia
Class Size: Minimum: 6 Maximum: 10

Highlights: Statistics show that one in five girls in the U.S. feels negatively about her looks and that on a global level, only 11% of girls would call themselves “beautiful”. By the age of 10, 80% of girls worry about being fat. It is noted that girls benefit from positive female support, mentoring and socialization. From television to magazines, girls are told how they should look and the world sets very narrow standards for what is considered “beautiful”. We want to instill in our girls to value their unique beauty, raise their self-esteem, and realize their full potential. This program strives to help tween girls: To create positive attitudes towards physical appearance and body confidence that they will carry a lifetime. To prevent low confidence and self-esteem issues from affecting the futures of the young girls in our community. To condemn beauty standards that are hard to achieve and focus on ones self-worth and respect of self and others. To understand and tackle these key issues in order and move beyond the stereotypes.

NO PROGRAMS:
May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve & Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

8 week “Champion Course” Mentoring Program Relentless Training

The Relentless Training “Champion’s Course” is geared towards the mental and physical development of our young males between the ages of 9-12 years old. This program is taught by the founder of Relentless Training LLC Officer Ron Harris. This program will focus on teaching our youngsters how to face the common challenges they will encounter in their youth and throughout the remainder of their lives. Current issues facing our young people will be addressed and analyzed thoroughly. Enrollees will be required to participate in physical exercise and training that will challenge their mind and body. Officer Harris will focus a great deal on the role of the police and the importance of strengthening the bond between the community and their local law enforcement agencies. The “Champion’s Course” is a must for our young men and a special treat to the community. Participants will need to bring a pair of boxing gloves and hand wraps for this course.

The course will consist of training and development in the following areas:

- Basic Life Skills Training
- Basic Self Defense Training
- Basic Tactical Awareness
- Body Conditioning/Exercise
- Boxing Skills Training
- Character Development
- Community Policing Tactics
- Community Survival Skills
- Conflict Resolution Training
- Introduction to Law Enforcement
- Juvenile Justice Education
- Male Role Modeling
- Nutrition/Health Awareness

REGISTRATION IS MANDATORY 2 WEEKS PRIOR TO CLINIC

When: Tuesdays
Days: Session 1: May 7, 2019 - June 25, 2019
Session 2: July 2, 2019 - August 20, 2019
Session 3: August 27, 2019 - October 15, 2019
Session 4: October 22, 2019 - December 10, 2019
Time: 4:00 P.M. – 6:00 P.M.
Location: Community Recreation Center
Ages: 11 years old – 13 years old
Fee: Free *PRE-REGISTRATION REQUIRED*

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Mommy and Me Creative Movement (7 weeks):

When: All Ballet classes will start in the winter per the following schedule.
NO Registrations accepted after January 29, 2020

Date(s): Session 1: September 16, 2019 - October 28, 2019
Session 2: November 4, 2019 - December 16, 2019

Day(s): Mondays

Time: 4:45 P.M. – 5:30 P.M.

Location: Community Recreation Center

Ages: 18 mos – 2 yrs

Fee: Resident: \$40.00 Non-Resident: \$50.00

Instructor: Mrs. Duda

Class Size: Minimum: 10 Maximum: 13

No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Mommy and Me Creative Movement is designed for young children and a parent to enjoy time together. Mother and child will enjoy. Classes now offered as a year round program. Enrollment in each subsequent session allows for the continued development of participants without interruptions in learning curriculum. Successful completion of all sessions of the program will culminate with a Spring Recital for the dancers. Young students will learn how to properly execute classic ballet/tap techniques. This class will offer a combination of ballet and tap for 45 minutes. Ballet is the essential class for all young aspiring dancers! Because class sizes are limited, we encourage you to enroll your child now

Dress Code Requirements for Ballet & Tap (Proper Ballet Shoes Required)

GIRLS: Pink leotard, pink tights, pink ballet shoes, footed tights, and black patent tap shoes. (Please NO SATIN BALLET SHOE LOOKING SLIPPERS). Hair must be worn in a bun or braided off the neck and away from the face.

BOYS: Solid colored t-shirt, athletic shorts (NO JEANS), white socks, black ballet slippers and black tap shoes.

Ballet and Tap attire may be found at the following locations at: Payless (Country Club Plaza, 167th St., Country Club Hills, IL 60478) and Star Dance Wear (7751 W. 159th St. #6, Tinley Park, IL 60477)

My Little Artists (Mom and Tots Arts and Craft Hour) (8 weeks)

When: Session 1: July 6, 2019 - Aug. 24, 2019
Session 2: Aug. 31, 2019 - Oct. 19, 2019
Session 3: Oct. 26, 2019 - Dec. 14, 2019

Day(s): Saturday

Time: 9:00 A.M. - 10:00 A.M.

Location: Community Recreation Center

Ages: 2-5 years old

Fee: Resident: \$35.00 Non-Resident: \$45.00

Instructor: Shelia Junia

Class Size: Minimum: 6 Maximum: 10

Highlights: Art Classes for Toddlers (2-5 years old)

No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Camp Creativity for Tots is offered at The Country Club Hills Recreation Center. The class is for ages 2 -5 year olds and is the perfect introduction to art. The class will be full of energy and creativity but will be very laid back with a loose structure that will allow toddlers to explore and participate at their own pace. This class will help develop fine motor skills while building imaginations and presenting them with instructions. It is designed to help develop their skills in cooperation, planning, and listening while letting their creativity shine. Each class will incorporate a sensory element and will consist of different segments. Students will discover ways to create art using watercolor, finger painting, clay, gel sticks, paint, collage and much more! This is the perfect class for your toddler or preschooler. All materials are non-toxic.

Beginner Kidz Ballet/Tap Combination Class (7 weeks)

When: All Ballet classes will start in the winter per the following schedule.

No new student registrations accepted after January 29, 2020. (Registering students must already be enrolled in current session)

Date(s): **Fall/Winter 2019**
Session 1: September 16, 2019 - October 28, 2019
Session 2: November 4, 2019 - December 16, 2019

Day(s): Mondays

Time: 5:30 P.M. – 6:15 P.M.

Location: Community Recreation Center

Ages: 3 yrs – 4 yrs

Fee: Resident: \$40.00 Non-Resident: \$50.00

Instructor: Mrs. Duda

Class Size: Minimum: 10 Maximum: 13

No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Classes now offered as a year round program. Enrollment in each subsequent session allows for the continued development of participants without interruptions in learning curriculum. Successful completion of all sessions of the program will culminate with a Spring Recital for the dancers. Young students will learn how to properly execute classic ballet/tap techniques. This class will offer a combination of ballet and tap for 45 minutes. Ballet is the essential class for all young aspiring dancers! Because class sizes are limited, we encourage you to enroll your child now.

Dress Code Requirements for Ballet & Tap

GIRLS: Pink leotard, pink tights, pink ballet shoes, footed tights, and black patent tap shoes. (Please NO SATIN BALLET SHOE LOOKING SLIPPERS). Hair must be worn in a bun or braided off the neck and away from the face.

BOYS: Solid colored t-shirt, athletic shorts (NO JEANS), white socks, black ballet slippers and black tap shoes.

Ballet and Tap attire may be found at the following locations at: Payless (Country Club Plaza, 167th St., Country Club Hills, IL 60478) and Star Dance Wear (7751 W. 159th St. #6, Tinley Park, IL 60477)



Ballet/Tap Combination Class Level 1 (7 weeks)

When: All Ballet classes will start in the winter per the following schedule.

No new student registrations accepted after January 29, 2020. (Registering students must already be enrolled in current session)

Date(s): **Fall/Winter 2019**
Session 1: September 16, 2019 - October 28, 2019
Session 2: November 4, 2019 - December 16, 2019

Day(s): Mondays

Time: 6:15 P.M. – 7:00 P.M.

Location: Community Recreation Center

Ages: 5 yrs – 6 yrs

Fee: Resident: \$40.00 Non-Resident: \$50.00

Instructor: Mrs. Duda

Class Size: Minimum: 10 Maximum: 13

No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
Sat., Dec. 21, 2019 (No class the weekend before Christmas)
Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Classes now offered as a year round program. Enrollment in each subsequent session allows for the continued development of participants without interruptions in learning curriculum. Successful completion of all sessions of the program will culminate with a Spring Recital for the dancers. Young students will learn how to properly execute classic ballet/tap techniques. This class will offer a combination of ballet and tap for 45 minutes. Ballet is the essential class for all young aspiring dancers! Because class sizes are limited, we encourage you to enroll your child now.

Dress Code Requirements for Ballet & Tap (Proper Ballet Shoes Required)

GIRLS: Pink leotard, pink tights, pink ballet shoes, footed tights, and black patent tap shoes. (Please NO SATIN BALLET SHOE LOOKING SLIPPERS). Hair must be worn in a bun or braided off the neck and away from the face.

BOYS: Solid colored t-shirt, athletic shorts (NO JEANS), white socks, black ballet slippers and black tap shoes.

Ballet and Tap attire may be found at the following locations at: Payless (Country Club Plaza, 167th St., Country Club Hills, IL 60478) and Star Dance Wear (7751 W. 159th St. #6, Tinley Park, IL 60477)



These are on-going programs. No new students accepted after January 29, 2020. No Exceptions. Students must be 3 years of age by January 1st. We retain the right to ask for a birth certificate.

Ballet/Tap Combo 3rd & 4th grade (7 weeks)

When: All Ballet classes will start in the winter per the following schedule.

No new student registrations accepted after January 29, 2020. (Registering students must already be enrolled in current session)

Date(s): **Fall/Winter 2019**
 Session 1: September 18, 2019 - October 30, 2019
 Session 2: November 6, 2019 - December 18, 2019

Day(s): Wednesdays
 Time: 4:15 P.M. - 4:45 P.M.
 Location: Community Recreation Center
 Ages: 3rd grade - 4th grade
 Fee: Resident: \$40.00 Non-Resident: \$50.00
 Instructor: Mrs. Duda
 Class Size: Minimum: 10 Maximum: 13
 No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Classes now offered as a year round program. Enrollment in each subsequent session allows for the continued development of participants without interruptions in learning curriculum. Successful completion of all sessions of the program will culminate with a Spring Recital for the dancers. Young students will learn how to properly execute classic ballet/tap techniques. This class will offer a combination of ballet and tap for 45 minutes. Ballet is the essential class for all young aspiring dancers! Because class sizes are limited, we encourage you to enroll your child now.



Dress Code Requirements for Ballet & Tap (Proper Ballet Shoes Required)

GIRLS: Pink leotard, pink tights, pink ballet shoes, footed tights, and black patent tap shoes. (Please NO SATIN BALLET SHOE LOOKING SLIPPERS). Hair must be worn in a bun or braided off the neck and away from the face.

BOYS: Solid colored t-shirt, athletic shorts (NO JEANS), white socks, black ballet slippers and black tap shoes.

Ballet and Tap attire may be found at the following locations at: Payless (Country Club Plaza, 167th St., Country Club Hills, IL 60478) and Star Dance Wear (7751 W. 159th St. #6, Tinley Park, IL 60477)

Ballet/Tap Combo 5th & 6th grade (7 weeks)

When: All Ballet classes will start in the winter per the following schedule.

No new student registrations accepted after January 29, 2020. (Registering students must already be enrolled in current session)

Date(s): **Fall/Winter 2019**
 Session 1: September 18, 2019 - October 30, 2019
 Session 2: November 6, 2019 - December 18, 2019

Day(s): Wednesdays
 Time: 4:45 P.M. - 5:15 P.M.
 Location: Community Recreation Center
 Ages: 5th grade - 6th grade
 Fee: Resident: \$40.00 Non-Resident: \$50.00
 Instructor: Mrs. Duda
 Class Size: Minimum: 10 Maximum: 13
 No Programs: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Classes now offered as a year round program. Enrollment in each subsequent session allows for the continued development of participants without interruptions in learning curriculum. Successful completion of all sessions of the program will culminate with a Spring Recital for the dancers. Young students will learn how to properly execute classic ballet/tap techniques. This class will offer a combination of ballet and tap for 45 minutes. Ballet is the essential class for all young aspiring dancers! Because class sizes are limited, we encourage you to enroll your child now.

Dress Code Requirements for Ballet & Tap (Proper Ballet Shoes Required)

GIRLS: Pink leotard, pink tights, pink ballet shoes, footed tights, and black patent tap shoes. (Please NO SATIN BALLET SHOE LOOKING SLIPPERS). Hair must be worn in a bun or braided off the neck and away from the face.

BOYS: Solid colored t-shirt, athletic shorts (NO JEANS), white socks, black ballet slippers and black tap shoes.

Ballet and Tap attire may be found at the following locations at: Payless (Country Club Plaza, 167th St., Country Club Hills, IL 60478) and Star Dance Wear (7751 W. 159th St. #6, Tinley Park, IL 60477)



Tumbling Summer Program (8 weeks)

When: July 13, 2019 - August 31, 2019 (Summer Session)
 Tumbling Bugs: (Ages: 18 mos. - 3 yrs.) 8:45 A.M. - 9:30 A.M.
 Tumbling Tots: (Ages: 4-5 years old) 9:30 A.M. - 10:15 A.M.
 Tumbling Kids: (Ages: 6 yrs - 9 yrs) 10:15 A.M. - 11:15 A.M.
 Tumbling Tweens: (Ages: 10 yrs & up) 11:15 A.M. - 12:15 P.M.

Day(s): Saturday
 Location: Community Recreation Center
 Fee: Resident: \$40.00 Non-Resident: \$50.00
 Instructor: Ellen McDermott
 Class Size: Minimum: 6 Maximum: 10

Highlights: This class is designed, to an extension of the regular tumbling program. Continuous engagement, structured group warm-up, and leads into plenty of time to enjoy "tumbling" on our fun-shaped mats, balance beam, slides, tunnels, etc....all part of continuous development and training.

Tumbling Bugs (8 weeks)

When: Session 4: September 7, 2019 - October 26, 2019
 Session 5: November 2, 2019 - December 14, 2019
 HAPPY HOLIDAYS *NO CLASSES UNTIL JANUARY 2020*

Day(s): Saturday
 Time: 8:45 A.M. - 9:30 A.M.
 Location: Community Recreation Center
 Ages: 18 mos. - 3 yrs.
 Fee: Resident: \$30.00 Non-Resident: \$40.00
 Instructor: Ellen McDermott
 Class Size: Minimum: 6 Maximum: 10

Highlights: This class is designed for young children and a parent to enjoy time together, exploring movement in a fun and interactive setting. The class starts off with an engaging, structured group warm-up, and leads into plenty of time to enjoy "tumble time" on our fun-shaped mats, balance beam, slides, tunnels, etc....all part of our ever-changing obstacle course set ups.

Tumbling Kids (8 weeks)

When: Session 4: September 7, 2019 - October 26, 2019
 Session 5: November 2, 2019 - December 14, 2019
 HAPPY HOLIDAYS *NO CLASSES UNTIL JANUARY 2020*

Day(s): Saturday
 Time: 10:15 A.M. - 11:15 A.M.
 Location: Community Recreation Center
 Ages: 6-9 years old
 Fee: Resident: \$40.00 Non-Resident: \$50.00
 Instructor: Ellen McDermott
 Class Size: Minimum: 6 Maximum: 10

Highlights: School-aged boys & girls will learn the fundamentals of gymnastics and tumbling in this fun, structured, and quick-paced class! Every class starts with conditioning exercises to build strength, and stretching to increase range of motion. These 2 aspects of training will help students acquire tumbling skills more quickly and safely. Children will also learn basic tumbling moves, such as rolls, handstands, cartwheels, and limbers, with emphasis on proper form and execution. Students who show interest, focus, and excel in skill development may be invited to join the Cardinals Tumbling Team.

Tumbling Tots (8 weeks)

When: Session 4: September 7, 2019 - October 26, 2019
 Session 5: November 2, 2019 - December 14, 2019
 HAPPY HOLIDAYS *NO CLASSES UNTIL JANUARY 2020*

Day(s): Saturday
 Time: 9:30 A.M. - 10:15 A.M.
 Location: Community Recreation Center
 Ages: 4-5 years old
 Fee: Resident: \$30.00 Non-Resident: \$40.00
 Instructor: Ellen McDermott
 Class Size: Minimum: 6 Maximum: 10
 No Programs: (see info box)

Highlights: Young children will learn the fundamentals of gymnastics and tumbling in this fun and quick-paced class! Boys and girls will be taught proper stretching and lead-up exercises to ensure safety, as well as build strength, flexibility, and spatial awareness. Emphasis on learning basic skills, such as rolls, handstands, and cartwheels! This is a great class to help children explore full body awareness and learn fun tricks! Students who excel may be invited to join the Cardinals Tumbling Team.

Tumbling Tweens (8 weeks)

When: Session 4: September 7, 2019 - October 26, 2019
 Session 5: November 2, 2019 - December 14, 2019
 HAPPY HOLIDAYS *NO CLASSES UNTIL JANUARY 2020*

Day(s): Saturday
 Time: 11:15 A.M. - 12:15 A.M.
 Location: Community Recreation Center
 Ages: 10 yrs. and up
 Fee: Resident: \$40.00 Non-Resident: \$50.00
 Instructor: Ellen McDermott
 Class Size: Minimum: 6 Maximum: 10
 No Programs: (see info box)

Highlights: This class is designed, to an extension of the regular tumbling program. Continuous engagement, structured group warm-up, and leads into plenty of time to enjoy "tumbling" on our fun-shaped mats, balance beam, slides, tunnels, etc....all part of continuous development and training.

Tumbling: IMPORTANT INFO

No Classes:

Saturday, May 25, 2019 (Memorial Day)
 Thursday, Friday & Saturday - July 4 thru 6th (in honor of 4th of July)
 Saturday, August 31, 2019 (in honor of Labor Day)
 Saturday, November 30, 2019 (in honor of Thanksgiving)
 Holiday Break (until January 2020):
 Saturday, December 21, 2019
 Wednesday, December 24, 2019 (Christmas Eve)
 Thursday, December 25, 2019 (Christmas Day)

Note: Children should wear comfortable, non-baggy clothing such as: shorts and t-shirts for boys, or leotards for girls. Long hair pulled back; hard barrettes, beads, etc. can fall out easily, and make it uncomfortable to perform some beginning tumbling moves.

These are on-going programs. No new students accepted after January 29, 2020. No Exceptions. Students must be 3 years of age by January 1st. We retain the right to ask for a birth certificate.



Country Club Hills Cardinals Tumbling Team

Country Club Hills Cardinals Tumbling Team is recruiting new members for the 2019 competition season!!!! Our team is a member club of the Illinois Park District Gymnastics Conference (IPDGC). Invitation only Program. Those interested please contact: Coach Ellen McDermott at gymartist@gmail.com

Youth Tennis

When: Session 1: May 20, 2019 - July 22, 2019
Session 2: Aug. 5, 2019 - Sept. 16, 2019

Day(s): Monday

Time: 5:00 P.M. – 6:00 P.M.

Location: Atkins Park, 177th & Maple Avenue

Ages: 6 years old - 13 years old

Fee: Resident: \$40.00 Non-Resident \$55.00

Instructor: Tatinia Harris, Director of Green Peas Academy

Class Size: Minimum: 6 Maximum: 10

Highlights: The program teaches the fundamentals of tennis. Learn the rules, strokes and different grips of the game. Tennis rackets and tennis balls will be provided.

NO CLASS: No Class September 2, 2019 Labor Day



2019 Youth Flag Football

When: August 2019 – October 2019
Dates and times vary per schedules

Ages(s): 5–12 (Boys and Girls)

Fee: Resident: \$45.00
Non Resident: \$55.00

REGISTRATION DATES:
JULY 1, 2019 - AUGUST 31, 2019

BIDDY BASKETBALL LEAGUE

Registration Begins: August 5, 2019

Ages: 4-6 year olds (Pre - K and Kindergarten ONLY. We will use the child's age/grade at the start of the season)

Practices Begin: (Actual Dates to be Determined)
Practice Times Vary
One Hour Practice Per Team

Season Dates: (Actual Dates to be Determined)

Game Days: Saturdays (Times will vary)
(Schedule TBD)

Fee: Resident: \$45.00 Non-Resident: \$55.00

Registration Ends: August 31, 2019

For more information, contact the CRC at 708-798-8497

YOUTH BASKETBALL LEAGUE

Registration Begins: September 1, 2019

Ages: 7-14 year olds
6 yr olds that are in 1st grade must participate at the youth basketball level)

Practices Begin: (Actual Dates to be Determined)
Practice Times Vary
One Hour Practice Per Team

Season Dates: (Actual Dates to be Determined)

Game Days: Saturdays (Times will vary)
Fridays and Saturdays

Fee: Resident: \$70.00
Non-Resident: \$83.00

Registration Ends September 30, 2019



Summer Track and Field

2019 RUSH Youth Summer Team - Track & Field

When: June – July 2019 (June 3rd – July 20th)

Dates: Monday – Thursday

Times: Mondays and Wednesdays, 4:00 P.M. – 5:30 P.M.
Tuesdays and Thursdays, 5:30 P.M. – 7:00 P.M.

Ages: 7 and up (Boys and Girls)

Fees: \$100
Fees cover registration, t-shirt, and July 20th meet fee
(Athletes can participate in other meets for an additional fee – this is OPTIONAL.)

Sign-ups: April 1st: 6:00 P.M. to 8:00 P.M. (CCH Recreational Center)
May 3rd: 6:00 P.M. to 8:00 P.M. (CCH Recreational Center)

1st Practice: June 3rd: 4:00 P.M. to 5:30 P.M. Community Park (175th & Sycamore Ave)
No practice on July 4th!



Kids Run the Track Camp (Ages 3 to 6)

When: June – July 2019 (June 3th – July 16th)

Dates: Tuesdays

Times: 6:15 P.M. – 7:00 P.M.

Ages: 3 - 6 (Boys and Girls)

Fees: \$60 for the summer camp
Fees cover registration, t-shirt, and July 20th meet fee

Sign-ups: April 1st: 6:00 P.M. to 8:00 P.M. (CCH Recreational Center)
May 3rd: 6:00 P.M. to 8:00 P.M. (CCH Recreational Center)

1st Practice: June 4th: 6:15 P.M. – 7:00 P.M. Community Park (175th & Sycamore Ave)



For more information, contact Rush Athletics USA at 815-556-9650 or illinoisrush@gmail.com
These camps and clinics are not sponsored by nor affiliated with any Illinois school district.



Swim Chicago Southland

The Country Club Hills Park District has partnered with Swim Chicago Southland (originally known only as Coach Eve Learn To Swim), bringing Aquatics Programming to the Country Club Hills community. We offer multigenerational programming, including Chicagolands Premier Swim Lessons and low impact fitness classes.

Country Club Hills Aquatic Programs are located at the Hillcrest High School in Country Club Hills, IL. Parking lot and entrance is located off Pulaski in the Front of the building. Enter through Door #26 and then through a single brown door.

Hillcrest High School
17401 South Pulaski Road
Country Club Hills, IL 60478

After Registration, please contact us to set up your times, days and start date. Please feel free to ask us any questions regarding our programs.

Phone: (708) SWIM-411



“Preventing Death by Stopping Accidental Drowning”

Within every CELTS Program, we bring our expertise as Aquatic Professionals to the table, surpassing all other swim lessons programs with a full understanding on the individuality of every swimmer. CELTS offers everyone an opportunity to learn and develop swimming techniques. In a world covered in 2/3 water, we strongly believe everyone from birth on should learn how to swim, and we, as Chicagoland’s Premier Swim School, strive to save lives through swim lessons.



In these progressive CELTS Swim Lessons, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions, eventually leading the participant to unassisted swimming. The curriculum is broken into 5 concepts, which are advanced and developed through each level using different techniques and skills. We offer 10 levels ranging from novice to advanced swimmers for both Youth and Adults.

NO Class: January 1, 2019, April 1, 2019, May 28, 2019, December 24, 2019, December 25, 2019, December 31, 2019

INFORMATION: All classes are year-round

REGISTRATION: Contact prior to starting swim lessons after registration, choose your own start date, send in a picture of receipt or bring receipt in first day.

LIMITS: 6 consecutive lessons

Contact: info@SwimChicagoSouthland.com | (708) SWIM-411

Youth Group Lessons (3yrs - 14yrs)

DAY(S)/TIME(S):
 Monday 6:00pm-6:40pm
 6:40pm-7:20pm

Wednesday 6:00pm-6:40pm
 6:40pm-7:20pm

Saturday 8:40am-9:20am
 9:20am-10:00am

FEE: Resident: \$50.00 Non-Resident: \$70.00

Adult Group Lessons (14yrs & Older)

DAY(S)/TIME(S):
 Monday 7:20pm-8:00pm
 Wednesday 7:20pm-8:00pm
 Saturday 8:00am-8:40am

FEE: Resident: \$50.00 Non-Resident: \$70.00



A revolution in aquatic fitness, each AquaFit class achieves a unique fitness goal. With a combination of Weight Loss, Strength, Flexibility, Endurance, R.O.M.E., classes combine high power, in pool work-out utilizing the waters resistance and the body’s motion. It’s not just your heart and muscles that stand to benefit from an AquaFit Water Fitness class. Working out in water is also fantastic for your internal organs and lymphatic system. Hydrostatic pressure, turbulence and buoyancy assist in a venous return [blood flow back to the heart] and lymphatic drainage. These extra benefits help explain why participants feel so good after a class – the body is refreshed rather than exhausted. Classes are NOW 50 minutes long!

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

INFORMATION: All classes are year-round

REGISTRATION: Contact prior to starting swim lessons after registration, choose your own start date, send in a picture of receipt or bring receipt in first day.

LIMITS: 6 consecutive lessons

Contact: info@SwimChicagoSouthland.com
 (708) SWIM-411

DAY(S)/TIME(S) Saturday 8:30am-9:20am

FEE: Resident: \$48.00 Non-Resident: \$74.00

NO PROGRAMS:

May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs, Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve
 & Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020



ADULT BOXING AND CONDITIONING: Relentless Training LLC (6 weeks)

When: Session 3: May 20, 2019 - June 24, 2019
 Session 4: July 22, 2019 - August 26, 2019
 Session 5: September 23, 2019 - October 28, 2019

HAPPY HOLIDAYS NO CLASS UNTIL JANUARY 2019

Day/Time: Mondays 5:30 P.M. – 6:30 P.M.
 Location: Community Recreation Center
 Ages: 14 years old & up
 Fee: Resident: \$55.00 Non-Resident: \$75.00
 Instructor: Ronnell Harris
 Class Size: Minimum: 6 Maximum: 10

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

Highlights: Adult boxing and conditioning class is an introduction into the "SWEET SCIENCE" in which the art of boxing is called. Students will learn to master the basic punches, defenses and how to apply these techniques in a crisis. This class also focuses on physical conditioning which is crucial to one's survival and health purposes. The instructor will challenge students to push themselves through fatigue as they learn to master the "SWEET SCIENCE". All students should bring hand wraps, gloves, and a willingness to learn for this class.

Participants must bring boxing gloves and hand wraps: (items can be purchased at Wal-Mart or Dicks Sporting Goods shopping centers. Please consult with your physician before engaging in any physical activity.



Friendly Reminder:
 Low class registration ends in class cancellation.

Adult Instructional Tennis

When: Session 1: May 20, 2019 - July 22 2019
 Session 2: August 5, 2019 - September 16, 2019

Day/Time: Mondays 6:00 P.M. – 7:00 P.M.
 Location: Atkins Park, 177th & Maple Avenue
 Ages: 14 years old & up
 Fee: Resident: \$40.00 Non-Resident \$55.00
 Instructor: Tatinia Harris, Director of Green Peas Academy
 Class Size: Minimum: 6 Maximum: 10
 No Class: September 3, 2019 Labor Day

Highlights: The program teaches the fundamentals of tennis. Learn the rules, strokes and different grips of the game. Tennis rackets and tennis balls will be provided.

Shenka's Bodys Shock Bootcamp

When: Session 3: May 8, 2019 – June 14, 2019
 BREAK FOR SUMMER
 Session 4: August 12, 2019 – October 4, 2019
 Session 5: October 7, 2019 – November 29, 2019

Day/Time: Mondays 7:30 p.m. - 8:30 p.m.
 Wednesdays 7:00 p.m. - 8:00 p.m.
 Fridays 7:00 p.m. - 8:00 p.m.

Location: Community Recreation Center
 Ages: 18 years old & up
 Fee: Resident: \$90.00 Non-Resident: \$110.00
 Instructor: Greshenka Weatherspoon
 Class Size: Minimum: 6 Maximum: 12

Highlights: This 60 minute Co-Ed Bootcamp training program is the perfect workout platform for those who are just starting to work out and those who have years of experience. This Boot camp is explosive, fun and a serious sweat provoking workout. Come one come all... from beginners, to intermediate, to advanced. A good work out builds confidence, strength, and endurance. Fitness is a LIFESTYLE, so come commit to be FIT!! come out and join the "SHRED SQUAD" – Coach Shenka

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

SHENKA'S BODYSHOCK CARDIO KICKBOXING CLASS

When: Session 1: June 6, 2019 – August 8, 2019
 Session 2: August 15, 2019 – October 3, 2019
 Session 3: October 10, 2019 – November 28, 2019

Day/Time: Thursdays 7:00 p.m. - 8:00 p.m.
 Location: Community Recreation Center

Ages: 18 years old & up
 Fee: Resident: \$30.00 Non-Resident: \$40.00
 Instructor: Greshenka Weatherspoon
 Class Size: Minimum: 6 Maximum: 12

Highlights: Come checkout this full-body workout that engages every muscle group in your body. This is a group stand - up combat sport with a whole lot of kicking and punching, while burning some serious calories. This work out works to improve /increase your core strength, vascular health, and muscle strength, with added benefits of decreased stress. Kick start your journey to becoming a power punching hard core kick boxing machine. You are STRONGER than you think you are!!

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

Adult Line Dancing Class

When: July 13, 2019 - August 21, 2019
 September 7, 2019 - October 26, 2019
 November 2, 2019 - December 14, 2019

Day/Time: Saturdays 3:00 P.M. – 4:30 P.M.

Location: Community Recreation Center
 Ages: 18 years old & up
 Fee: Resident: \$55.00 Non-Resident: \$65.00
 Instructor: Valerie Wilhoite
 Class Size: Minimum: 6 Maximum: 26

Highlights: Start your Saturday mid-day off with a 90 minute Line Dancing Class at the CRC with Valerie Wilhoite. Line Dancing is a good way to burn calories and to have fun dancing. This class is for both men and women.

PLEASE WEAR APPROPRIATE SHOES
 Come in and get your dance on with all of the latest line dances.

NO CLASS: May 27, 2019 Memorial Day (No class Sat., May 25, 2019)
 July 4, 2019 4th of July (No class Thurs., Fri. & Sat. - July 4-6th)
 Sept. 2, 2019 Labor Day (No class Sat., Aug. 31, 2019)
 Nov. 28, 2019 Thanksgiving Day (No class Sat., Nov. 30, 2019)
 Sat., Dec. 21, 2019 (No class the weekend before Christmas)
 Wed., Dec. 24, 2019 Christmas Eve and Dec. 25, 2019 Christmas Day (No class)
 HOLIDAY BREAK UNTIL JANUARY 2020

Open Gym Basketball

MONDAY
 All Ages 6:00 a.m. – 8:00 a.m. Indoor Walking Only
 17 & Under 6:30 p.m. – 8:30 p.m.

WEDNESDAY
 All Ages 6:00 a.m. – 8:00 a.m. Indoor Walking Only
 17 & Under 6:30 p.m. – 8:30 p.m.

FRIDAY
 All Ages 6:00 a.m. – 8:00 a.m. Indoor Walking Only
 18 & Up 6:30 p.m. – 8:30 p.m.

SATURDAY
 11 & Under 10:00 a.m. – 12:00 p.m.
 17 & Under 12:00 p.m. – 3:00 p.m.
 18 & Up 3:00 p.m. – 6:00 p.m.

SUNDAY CLOSED

Times are always subject to change!

SUMMER, HOLIDAY AND LEAGUE SCHEDULES WILL AFFECT THESE TIMES, CHECK WITH CRC FOR DETAILS AND CHANGES

PLEASE REMEMBER
 ** NO OUTSIDE SHOES **
 WILL BE PERMITTED ON THE GYM

INSTRUCTOR OPPORTUNITY

Do you have a special skill or talent you would like to share with others?

The Country Club Hills Parks & Recreation Department is always looking for new program ideas and qualified program instructors.

If you are interested in leading a program, please contact the Country Club Hills Parks & Recreation Department at (708) 798-8497

Country Club Hills Parks and Recreation Center

Offers Guest and One Day Passes for Open Gym and Fitness Center Memberships with the purchase of a new or renewed membership.

Open Gym Residents Only

Resident Children: Ages up to 18 Annually \$50*
Resident Adults: Ages over 18 Annually \$75*

*Must provide proof of residency (utility bill) or School ID for students Note: There will be a \$5.00 replacement cost for lost cards.
+Not valid for previous new or renewed memberships

One Day Pass
\$5.00 per day (kids under age 18) \$7.00 per day (Ages 19 and up)
Guest Pass
4 passes Per Active Annual Membership



Fitness Center

One of the often overlooked jewels of the Country Club Hills Community Recreation Center is the Fitness Center. Open over 100 hours each week, this room contains all the equipment you will need to ensure a dynamic workout. Treadmills, elliptical machines, and stationary bikes highlight the large equipment. Hand weights, medicine balls and a mechanical weight machine ensure strength building workouts.

Hours of Operation:

Monday – Friday 6:00 a.m. until 9:00 p.m.
Saturday 8:00 a.m. until 6:00 p.m.
Sunday CLOSED

Fitness Center Membership Fees:

Adults 18 years and older residing* in Country Club Hills:
\$106 annually
\$43 quarterly
\$72 annual fee for each additional family member
*Must provide proof of residency (utility bill & photo ID)

Nonresident adults 18 years and older:
\$130 annually
\$60 quarterly
\$95 annual fee for each additional family member

Senior citizen membership (55 years and older):
\$38 quarterly
\$80 annually

Guest Pass
1 pass – Per Active Quarterly Membership 4 passes – per Active Annual Membership
One Day Pass
\$10.00 per day (Ages 18 and up)

INSTRUCTOR OPPORTUNITY

Do you have a special skill or talent you would like to share with others? The Country Club Hills Parks & Recreation Department is always looking for new program ideas and qualified program instructors.
If you are interested in leading a program, please contact the Country Club Hills Parks & Recreation Department at
(708) 798-8497



City of Country Club Hills Park & Recreation Department Program Application



First Name _____ Last Name _____

Address _____ Home Phone _____

City _____ State _____ Zip _____

Email Address _____ Cell Phone _____

Program Name	Dates	Day of Program	Time of Program	Fee	Recd By	Age	Child's DOB	Child's Grade

All fees must be paid at Country Club Hills City Hall located at 4200 West 183rd Street
Make checks payable to City Collector - City of Country Club Hills

City Hall Hours:

Monday thru Friday - 8:00 a.m. - 5:00 p.m. Closed Saturday and Sunday
(Please DO NOT use night drop for Program Payments)

WAIVER - RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR THE CITY OF COUNTRY CLUB HILLS ACTIVITY PROGRAM

Please read this form carefully and be aware that by participating in this program, you will be waiving your rights to all claims for injuries, damage or loss which may occur as a result to your participation in this event.

RISK OF INJURY: "As a participant in this program, I recognize and acknowledge that there are certain risks of physical injury. I agree to assume the full risk of injuries, including death, damages, or loss which may be sustained as a result of participating in any and all activities associated with this program."

WAIVER OF INJURY CLAIMS: "I agree to waive and relinquish any and all claims I may have arising out of, connected with, or in any way associated with the activities of the program."

RELEASE FROM LIABILITY: "I do hereby fully release and discharge the **City of Country Club Hills** and its officers, agents and employees from any and all claims from injuries, including death, damage or loss which may occur as a result of my participation in this program."

INDEMNITY AND DEFENSE: "I further agree to indemnify, hold harmless and defend the **City of Country Club Hills**, and its officers, agents, and employees from any and all claims from injuries, including death, damages and losses sustained by me arising out of, connected with, or in any way associated with the activities of this program."

In the event of any emergency, I authorize the **City of Country Club Hills** to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed reasonable and necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand and agree to the above stated conditions of participating in
City of Country Club Hills Activity Program(s).

Print Name of Participant _____

Print Name of Participant's Parent/Guardian _____

Participant's Signature _____

Date _____

Signature of Participant's Parent/Guardian _____



Mayor James W. Ford
The Country Club Hills City Council
The Country Club Hills Parks & Recreation Department
PARK FACILITY USAGE REQUEST FORM

(All requests subject to availability)

PARKS SITES Available for Rent
(\$125/day) (Residents Only)
10:00 a.m. — 6:00 p.m.

- * Community Park—175th & Maple Avenue (8 Tables)
- * Atkins Park—179th & Maple (4 Tables)
- * Cypress Park—194th & Cypress (6 Tables)
- * Sunset Park—179th & Vista Drive (8 Tables)
- * Marycrest Park—184th & Marycrest Drive (8 Tables)
- * Marylakes Park—191st & Marycrest Drive (4 Tables)
- Water Tower Park—169th & Glen Oaks Drive (4 Tables)
- * Independence Park—3800 W. 175th Place (6 Tables)
- Kiwanis Park—180th & Patrick Avenue (2 Tables)
- * Premier Estates Park—186th & Willow Avenue (2 Tables)

* Portable Bathroom available at each park.
Additional units are available at a fee during your rental.

Available from June 1— Sept. 30
(Except for legal holidays)

NOTE: BALLFIELDS AVAILABLE FOR USE DURING YOUR
PICNIC WHEN NOT BEING USED FOR LEAGUE PLAY.

(SELECTED SITE): _____

Contact Person _____ Name of Organization _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____ Business Phone: _____

Date of Event: _____ Day of Event: _____ Time of Event: _____

(Type of Event): _____ Number of People: _____

Activities Planned: _____

Tables Needed _____ # Trash Receptacle Needed _____ *Certificate of Insurance YES / NO

***Note: Insurance may be required for this event—please see item #4 on Page 2**

The City of Country Club Hills does not supply special equipment. You must request permission and obtain a certificate of insurance naming the City of Country Club Hills as an additional insured to use special equipment on City of Country Club Hills' property. **Electricity is not guaranteed for public use at any of the facilities.**

The signature below affirms the fact that I understand and that I am responsible for lost, stolen and/or damaged equipment, and for the conduct of reserving group. I have read the attached Policy Statement regarding Usage Permits and understand that I must abide by all the rules, regulations, policies and procedures set forth by the City of Country Club Hills.

Date: _____ Permit Holder's Signature: _____

Date: _____ City Staff Signature: _____

Rental Fee Paid: _____ **Receipt Number:** _____ **Date Paid:** _____ **Check/Money Order #** _____

All Facilities are rented on a First Come First Service basis.

Requests for rentals, payment and insurance (when required), must be received at least 2 weeks prior to your event date.

Rentals are not guaranteed until all requirements are met and payment is made in full.

Requests for refunds must be received at least 2 weeks prior your event date.

GYMNASIUM & ROOMS

Available for Rent (See Fee Schedule page 2)

Community Recreation Center

(179th & Cicero)

- Main Basketball Court
- Half Basketball Court
- Cafeteria (max 50 people)
- Classroom (max 25 people)
- Dance Studio (max 15 people)

City Hall Rooms

Room 105/106 (max 75 people)

Theater Pavilion

(max 150 people)

Note: Indoor Bathrooms, Tables/Chairs (based on availability) Cooking allowed on Blacktop Only, Maintenance & Security Provided

FIELDS Available for Rent

(See Fee Schedule page 2)

Football Field

Community Park • 175th St.

Baseball Fields

Community Park • 175th St

Baseball Fields

Atkins Park • 179th & Maple

Baseball Field

Cypress Park • 194th & Cypress

Baseball Field

Marycrest Park • 184th & Marycrest Dr.

Baseball Field

Nob Hill Park • 169th & Glen Oaks Dr.



Mayor James W. Ford
The Country Club Hills City Council, The Country Club Hills Parks & Recreation Department
PARK FACILITY USAGE REQUEST FORM

1. In order to rent a park or facility, you must be 21 years of age or older **and** a Resident of Country Club Hills (**for resident only rentals**). Permits are required if an organization or individual wants to reserve the use of a park facility for a specific date and time, or plans to engage in special-use activities. All (**resident only**) renters must produce proof of residency **and** identification displaying full name, address and date of birth.
 2. **The City of Country Club Hills reserves the right to:**
 - A. Approve or deny any request submitted for facility or park rentals. (Approval will not be unreasonably denied).
 - B. To revoke any request previously granted if the request contained any misrepresentation or false statement.
 - C. To revoke a request if the safety of the participants, patrons, or visitors to the park is endangered by the continuation of such activity.
 3. The City of Country Club Hills **will not be liable for any claims for injury or damages resulting from or arising out of the use of the city's facility.** The renter agrees to indemnify the City of Country Club Hills and hold it harmless against any and all such claims, damages, losses and expenses.
4. **Certificate of Insurance**, naming the City of Country Club Hills as an additional insured may be required. The Certificate of Insurance **must be issued** to the City of Country Club Hills 30 days before the event.
Note: This is a requirement for all Theater Pavillion events, all athletic events, events with groups of 20 or more people, temporary erected structures, (Inflatables), Dunk Tanks, Pony Rides, Large Tents, Bands, non-routine or high risk activities, etc. Initials: _____
5. **No Alcohol Is Permitted.** Violators will be subject to being ticketed and fined.
 6. **Music** must not be loud or offensive to the public
 7. **Vehicles are permitted only on parking lots. (Stay off the Grass)!**
 8. Please dispose of all garbage and left over materials in the appropriate trash receptacles provided.
 9. **If the activity involves children, Renter must ensure there is ample adult supervision during the** entire activity. The City of Country Club Hills considers 1 adult for every 10-15 children an acceptable ratio.
 10. All picnic sites will be cleaned by 10:00 a.m. by the City of Country Club Hills Staff
(NO EVENTS ARE ALLOWED TO SET UP BEFORE 10:00 A.M.)
 11. Park sites close at dusk, there all events must end and all participants must leave the park at that time.

Signature on the Park Permit indicates an understanding and acceptance of the aforementioned rules.

Date: _____ Permit Holder's Signature: _____

Disclaimer: The Parks and Recreation Department does out best to maintain the overall cleanliness of the site for your rental. We cannot guarantee against the elements of nature ie: wind blown leaves, bird droppings, and wind blown trash. If there has been any inconvenience bestowed upon you or your party, please feel free to contact the Parks and Recreations Department 708-798-8497.

FEE SCHEDULE	Non-Profit Organizations within Country Club Hills	Profit Making Organizations within Country Club Hills	Organizations Outside Country Club Hills	RESIDENT
City Hall (Room 105-106) (Per Hour)	\$30	N/A	N/A	\$30
CRC Gymnasium (Half Court) (Per Hour)	\$30	\$100	\$250	\$30
CRC Gymnasium (Main Court) (Per Hour)	\$60	\$200	\$350	\$60
CRC Cafeteria (Per Hour)	\$30	\$100	\$200	\$30
CRC Classroom (Per Hour)	\$25	\$60	\$120	\$25
Dance Studio (Per Hour)	\$35	\$75	\$150	\$35
Park Rentals (Resident's Only) (Reservations Required) 10:00 a.m. - 6:00 p.m. (Subject to Availability)	N/A	N/A	N/A	\$125
Theater Pavilion — Call for Pricing	N/A	N/A	N/A	N/A
Football Field (w/o Lights) (Per Hour)	\$100	\$200	\$300	\$100
Football Field w/lights (Per Hour)	\$150	\$350	\$450	\$150
Community Park Ballfield(s) (Per Field) (Per 2 hr Game) w/o Lights	\$50	\$100	\$150	\$50
Community Park Ballfield(s) (Per Field) (Per 2 hr Game) w/lights	\$75	\$150	\$200	\$75
All Other Ballfields(Per Field) Per 2 Hours (No Lights Available)	\$40	\$80	\$120	\$40